# Community Support Follow-Up

Joint Legislative Oversight Committee on Mental Health, Developmental Disabilities, and Substance Abuse Services
October 14, 2009



#### Alternatives to CS for Children

	Alternative Services Available Based upon Consumer's Medical Needs:						
Services Currently Available in Community Support Service  Definition	Intensive In- Home, MST, SAIOP	Day Tx., Partial Hospital.	Case Managem ent	Evidence- based Outpatient Services	Mobile Crisis, Facility Based Crisis	Education and Training CPT Code	
Case Management Functions:							
1) Assessing needs of the individual	Χ		Χ	Χ			
2) Linking/referral to appropriate services	Χ		Χ	Χ			
3) Facilitating Person Centered Planning	Χ		Χ				
4) Monitoring effectiveness of services	Χ		Χ				
Therapeutic interventions per goals of PCP	Χ	Χ		Χ			
Psycho-education re: self-management of medications and symptoms	Χ	Χ		Χ		Χ	
24/7/365 First Responder responsibilities	Χ				X		
Psycho-education for families and caregivers re: consumers illness,							
symptoms, etc.	Χ			Χ			
Coordination of natural and community supports	Χ	Χ	Χ	Χ			
Skill building to foster recovery and independence	Х	Χ		Χ		Χ	
Skill building in specific areas depending upon consumer's illness:							
behavioral skills and anger management, relapse prevention, etc.	Χ	Χ		Χ		Χ	
Rehabilitation of skills related to daily and community living	Χ	Χ		Χ		Х	



#### Alternatives to CS for Adults

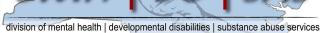
	Alternative Services Available Based upon Consumer's Medical Needs:							
Services Currently Available in Community Support Service Definition	Community Support Team, ACTT, SAIOP, SACOT	PSR, Partial Hospital., SA Medically Monitored and Non-Medically Monitored Residential	Case Managem ent	Evidence- based Outpatient Services	Mobile Crisis, Facility Based Crisis	Peer Support	Education and Training CPT Code	
Case Management Functions:								
Assessing needs of the individual	Χ		Χ	Χ				
2) Linking/referral to appropriate services	Χ		Χ	Χ				
Facilitating Person Centered Planning	Χ		Χ					
4) Monitoring effectiveness of services	Χ		Χ					
Therapeutic interventions per goals of PCP	Χ	Χ		X				
Psycho-education re: self-management of	Χ	X		X		X	X	
24/7/365 First Responder responsibilities	Χ				Χ			
Psycho-education for families and caregivers re:								
consumers illness, symptoms, etc.	Χ			Χ				
Coordination of natural and community supports	Χ	X	Χ	Χ				
Skill building to foster recovery and independence	Χ	Χ		Χ		Х	X	
Skill building in specific areas depending upon								
consumer's illness: behavioral skills and anger	Χ	X		Χ			X	
Rehabilitation of skills related to daily and community	Χ	Χ		X		Χ	Χ	



### Availability of Alternative Services

	Adults			Chil	dren	Either	
	Assertive Community Treatment	Community	Psycho-Social		Multi- Systemic	Licensed	
	Team	Support	Rehabilitation	Intensive	Therapy	Outpatient	Mobile
	(ACTT)	Team (CST)	(PSR)	In-Home	(MST)	Clinicians	Crisis
Alamance-Caswell	4	4	3	14	0	78	1
Albemarle	0	9	3	24	1	53	2
Beacon Center	2	12	3	21	1	63	1
Centerpoint	3	14	4	13	0	142	1
Crossroads	3	5	4	6	0	93	2
Cumberland	3	7	1	26	0	153	1
Durham	2	33	1	31	1	210	1
Eastpointe	5	17	6	25	0	120	3
ECBH	2	16	5	35	3	247	6
Five County	2	19	2	16	0	87	1
Guilford	4	21	3	28	1	231	1
Johnston	0	1	2	3	0	41	
Mecklenburg	1	22	2	46	5	317	1
Mental Health Partners	2	4	4	4	1	139	1
Onslow-Carteret	0	7	3	4	1	82	1
Orange-Person-Chatham	2	6	2	3	1	151	1
Pathways	1	11	3	15	1	145	1
Piedmont*	0	0	0	4	1	105	0
Sandhills	3	15	10	33	1	163	2
Smoky Mountain	8	10	9	22	1	352	7
Southeastern	3	13	2	17	2	270	1
Southeastern Regional	3	16	8	34	5	78	1
Wake	4	22	5	24	3	561	1
Western Highlands	8	14	3	14	1	353	3
Total	65	298	88	462	30	4234	40

<sup>\*</sup> Data comes from paid claims and, due to waiver, incomplete data available from PBH



## **Timing**

- Case Management and Peer Support service definitions require a Medicaid State Plan Amendment (SPA).
  - Anticipate January 1, 2010 effective date for CM
  - Anticipate July 1, 2010 effective date for PS
- All other alternative services already available or can be added without State Plan changes (educational CPT code.)
- Training should not be a problem
  - Lots of providers currently perform CM functions within other service definitions and are very familiar with those requirements.
  - Currently have in place a process for training and certifying Peer Support Specialists and are currently reimbursing for their services within ACTT and CST and with state funds.

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